

- **SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction number: **IN10244**
- HOST: Carmel Swim Club 300 E. Main Street, Suite E Carmel, Indiana 46032 www.carmelswimclub.org
- LOCATION: Carmel Aquatic Center Erik Clark Activities Center – Carmel High School 520 East Main Street Carmel, Indiana 46032
- **FACILITY:** Competition Pool: One 25-yard pool with 8-nine-foot wide lanes each with competitor non-turbulent lane markers. Continuous warm-up, warm-down facilities are available. Colorado Time System 5 will be used. Balcony spectator seating is available.
- **PARKING:** Free parking will be available in the lots adjacent to Carmel High School. Additional parking is available north of the pool at the football stadium (approximately 1/3 mile).
- **RULES:** Current USA Swimming and Indiana Swimming rules will govern meet. Please pay special attention to USA Swimming rule 202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. The 2010 USA Swimming Rules and Regulations Book will be the primary source.
- **ELIGIBILITY:** Age as of March 13, 2010 will determine age for the meet. All swimmers must be currently registered with USA Swimming. These registration numbers must accompany entry. There will not be any USA Swimming registration at the meet. Coaches MUST constantly display their USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny access if coach does not comply.
- **FORMAT:** This is a **TIMED FINALS** meet. Carmel Swim Club reserves the right to limit select events during all sessions if it is deemed necessary to complete the session within the requirements of Indiana Swimming rules. Fees will be refunded for any swimmer cut from an event due to timeline management.

CLERK

OF COURSE: Clerk of Course will be provided for 8 & under events only. All 8 & under swimmers will be lined up at Clerk of Course to help assure that swimmers do not miss events. We highly encourage coaches to cover check-in, and meet procedures with their new swimmers and parents.

There will be a positive sign-in process for this meet. **Sign-in sheets will come down 45 minutes prior to the start of each session.** All swimmers who do not sign in before the meet will be considered "scratched". Please review with your swimmers the process of a positive sign in format. Sign in sheets will be posted outside the locker rooms and there will be signs posted to direct swimmers to the sign in sheets.



Heat and lane assignments will be posted at various points around the pool area and in the stands.

TIMES: Swimmers must be slower than the 2009-2010 Indiana Age Group State time standard in the event they are entering. All relay entries must be slower than the Indiana Age Group State time standard. ENTRY LIMITS: Each swimmer will be limited to 5 individual events. There are no limits on the number of relays that can be swum. If an individual is entered in more than 5 events, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be no refunds. ENTRIES: Deck entries will be accepted, at the discretion of Carmel Swim Club, on a space available basis. Deck entries will be \$5.00 per event. All fees must accompany entry. Please make check payable to: **Carmel Swim Club**. ENTRY FEES: Timed Final Events (\$3.00 per event)

Relay Events: (\$5.00 per event)

There will also be a fee of \$1.50 per swimmer Indiana Swimming Athlete Surcharge. Please remit with your entry fees.

ENTRY

DECK

OUALIFYING

INFORMATION: Enter each swimmer with their full first name, last name, age, and USA Swimming ID number on the entry. All times must be completed to the hundredth of a second and submitted in SHORT COURSE YARDS times. Entries will be accepted beginning at 8:00 am, February 16, 2010. The entry deadline will be 6:00 PM, February 26, 2010. Entries must be delivered by Email, the US Postal service, or a nationally recognized courier service. No team entry will be broken. Updated entries for teams accepted into the meet will be accepted electronically until 6:00 PM, March 8, 2010. Teams not accepted into the meet will have their entries returned as soon as possible, but no later than February 28, 2010. Carmel Swim Club will extend the entry deadline should the meet not fill.

> We highly recommend using email to deliver your entry. All entries NOT submitted via E-mail or on disk will be subject to a \$35.00 data processing fee. Confirmation of entry will be sent via email. NO HAND DELIVERIES, NO TELEPHONE ENTRIES AND **NO FAX ENTRIES!**

This meet will be run with the Hy-tek Meet Manager program. Diskette entries will be accepted using the Hy-tek COMMLINK program (do not forget to "age up" swimmers). Mail entries, fees and USA Swimming Numbers to the Entry Chairperson:

Julie Cardona 300 E. Main Street, Suite E Carmel, Indiana 46032 ircedars@hotmail.com



RELAYS: Relay cards must list the full name of swimmers competing on the relay. Failure to properly complete relay cards may result in the relay not swimming the event. Include alternates if appropriate. **Relay cards shall be turned in at the Computer table no later than 30 minutes before the start of the meet.** Relays are assumed to be swimming unless a coach marks SCRATCH on the relay card and turns it in to the Clerk of Course.

FINAL

- **RESULTS:** One complimentary copy will be provided to every club with five or more swimmers. Extra copies may be ordered at the meet for \$8.00. Final results will also be posted at the CSC web site at <u>www.carmelswimclub.org</u>
- **AWARDS:** Awards will be given for places $1^{st} 8^{th}$ in the age groups of 6 & under, 7 year olds, 8 year olds, 9 year olds and 10 year olds. **Awards will not be mailed.**
- SCHEDULE: (All times are Eastern Standard Time) Saturday, March 13, 2010:

Warm-ups – 9:00 am Meet Start – 10:00 am

ADMISSION: Admission of \$5.00 will be charged and will include a psych sheet. Children 10 and under are free.

ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK. This is an insurance requirement of USA Swimming.

- **HEAT SHEETS:** Heat sheets will be posted for heat and lane assignments.
- **CONCESSIONS:** Concessions are available. NO SMOKING is permitted in the building.

Contacts: For further information or assistance call or write:

MEET DIRECTOR:MEET REFEREE:Anne BrunoryGreg Hammes300 E. Main Street, Suite E300 E. Main Street, Suite ECarmel, Indiana 46032Carmel, Indiana 46032317-575-8244317-575-8244ambrunory@sbcglobal.netghammes@sbcglobal.net

ENTRY CHAIR Julie Cardona 300 E. Main Street, Suite E Carmel, Indiana 46032 317-575-8244 jrcedars@hotmail.com

The Carmel Swim Club will need the help of your **USA Swimming Officials**. If you have someone that is in charge of your officials please provide his or her name and email address on your entry summary form where requested. Additionally, any help that could be provided (timers may be needed) is appreciated.



<u>ISI Swim Suit Legislation:</u> USA Swimming Swim Suit Rule (102.9.1 B) wording shall be added to all ISI meet letters. This legislation modifies USA Swimming rule 102.9.1 as follows: *In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.* The referee shall have the authority to bar offenders from the competition until they comply with the rule.

GENERAL INFORMATION:

1. Each team is responsible for its own valuables.

2. Each coach is responsible for the conduct of his or her team.

3. Only swimmers and coaches will be allowed in the deck area. There are three men's and three women's locker rooms on deck.

4. An athletic trainer will be available during the meet.

FACILITY NOTE: The Carmel High School Natatorium is a state of the art facility. It is important that all people attending this meet, whether it be swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

1) Keep all trash picked up (swimmers and teams in particular)

2) Do not go or let children go, in any unauthorized areas. This means any place other than the seating areas, or lobby.

Due to USA Swimming insurance requirements **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!** The Carmel Swim Club will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

ORDER OF EVENTS

GIRLS EVENT		BOYS EVENT
#	EVENT	#
1	10 & UNDER 100 FREE	2
3	8 & UNDER 25 BACK	4
5	10 & UNDER 50 BACK	6
7	8 & UNDER 25 FLY	8
9	10 & UNDER 50 FLY	10
11	8 & UNDER 25 BRST	12
13	10 & UNDER 50 BRST	14
15	8 & UNDER 25 FREE	16
17	10 & UNDER 50 FREE	18
19	8 & UNDER 100 FREE RELAY	20
21	10 & UNDER 200 FREE RELAY	22



SUMMARY PAGE

Please supply the information requested below and mail with your Official Form and check to the Meet Entry Chair. Make checks payable to <u>Carmel Swim Club.</u> All fees must be paid in full before the start of the meet.

Club Name:	Club Code:		
Club Name: Number of swimmers entered: Boys + Girl	s = Total		
Number of Boys' Individual Entries @ \$3.00 = \$			
Number of Girls' Individual Entries	_ @ \$3.00 = \$		
Number of Relay Entries @ \$5.00	= \$		
Total number of athletes @\$1.50 (Indiana Swimm			
TOTAL AMOUNT ENCLOSED = \$			
Club official submitting entry: Coaches Names:			
Name			
Address			
City			
State/Zip			
Teleph. () (am)			
() (pm) Please indicate the	latest time that we may call in the evening		
E-mail address			
How would like your results (mark an X next to al	l that apply):		
Hard Copy (snail mailed OR .htm/.pdf file emailed	l)		
Meet Manager Backup (Emailed)			
Team Manager .cl2 file (Emailed)			
ALL of the above			
Email address to send above to:			
If Carmel Swim Club limits any events please send	d us a copy of the limited events: Yes No		

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Carmel Swim Club, and its' Board of Directors, United States Swimming, IUPUI Natatorium and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Carmel Swim Club, United States Swimming, and the IUPUI Natatorium and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event. Executed this _______ day of _______, ______. Signature of Club Official or Coach